



**Big  
Pine**  

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**United Methodist Church**

Rev. Greer G. Jensen, Pastor

RE: Paul Volk

This is written to express the deep gratitude we have for Paul Volk and his quest improving the body, mind, and spirit of folks through sound nutrition, diet, exercise and much more.

Paul is the consummate professional, with a clear, crisp, concise presentation concomitant with humor, wisdom, and knowledge.

I personally recommend Paul Volk as a speaker of excellence for any church or organization desirous of imparting to people the knowledge of sound nutrition.

In Christ's Shalom,

Rev. Greer G. Jensen  
Pastor