



**Fiji Police Employee Support Service
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8th March, 2006.

TO WHOM IT MAY CONCERN:

This is to certify that Paul Volk give two lectures to members from the Fiji Police, Prison Officers and welfare staff from the Department of Social Welfare on 22nd February and 28th February, 2006. Mr. Volk volunteered his services and lectured on diet, exercise and stress management.

Mr. Volk's contribution was greatly appreciated by the participants. It was lively, informative and practical.

Lorraine Meades
Psychologist
Director,
Employee Support Services
Fiji Police.