

MARRION GARDENS

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April 2006

Regarding Paul Volk and NEWSTART Seminars:

In April we were privileged to have Paul Volk share an abridged version of his excellent presentation on health, fitness and nutrition. Our facility serves seniors with an average age of 82 years. I was concerned that at that age group, there may be little interest. I was wrong. We had an excellent turnout and it was one of the most appreciated seminars we have had here at Marrion Gardens.

The success of this venture was largely due to Paul's ability to capture and keep one's attention. Paul is extremely informative, current, humorous, sensitive and very engaging with his audience. His ability to adapt to this age group proves to me that he can hold any audience's attention.

A highlight for me was to watch the majority of the group seek Paul out after his lecture and get further specifics related to their individual need. As well, one lady insisted on trying out his mini-trampoline. What was amazing is that this dear lady is 97 years of age.

From a Chaplain's point of view, and one who is sensitive to varied faith and non-faith tenants we have here, I found Paul to demonstrate faith and trust in a non-threatening and unobtrusive way.

I would highly recommend Paul as a motivational speaker in this much need field of the art of balanced living.

Sincerely,

A handwritten signature in black ink that reads "Bruce Peterson". The signature is written in a cursive, flowing style.

Bruce Peterson
Chaplain